



**CARIBBEAN AWARD SUB-REGIONAL COUNCIL**

**ADVENTUROUS JOURNEY EQUIPMENT LIST**

**GENERAL EQUIPMENT**

<b>NO.</b>	<b>QTY</b>	<b>ITEM</b>	<b>SIZE</b>
1	1	BACKPACK OR RUCSAC	65-100 L
2	1	INNER LINER FOR RUCSAC OR LARGE PLASTIC BAG	
3	1	DAY PACK/ SMALL RUCSAC	25-35 L
4	1	HAMMOCK & MOSQUITO NET (optional)	
5	1	SLEEPING BAG	
6	2	WATER BOTTLE	591 mL
7	1	CUP (non breakable)	
8	1	DEEP PLATE (non breakable)	
9	1	KNIFE, FORK, SPOON	
10	1	PAIR HIKING BOOTS – LIGHT WEIGHT FOR TROPICAL CLIMATE	
11	1	HAT	
12	25 ft	¼” or ½” NYLON OR CLIMBING ROPE	
13	1	MAP CASE	
14	1	SILVA TYPE COMPASS (light weight compass)	
15	1	WHISTLE	
16	1	WATER PROOF FLASHLIGHT WITH EXTRA BATTERIES	
17	1	PERSONAL FIRST AID KIT	
18	1	POCKET KNIFE OR SHEATH KNIFE	
19	1	REPAIR KIT (needle, thread, button)	
20	1	PAIR SPORT SHOES (running, tennis, basketball)	
21	1	NOTE BOOK, PEN, PENCIL, ERASER	
22	1	CANDLE	
23	1	WORKING GLOVES	
24	1	TOILET KIT(SOAP, TOOTHBRUSH, TOOTHPASTE, COMB, SHAVING KIT)	
25	10	WATER PURIFICATION TABLETS	
26	1	AIR MATTRESS (optional)	
27	1	PAIR EXTRA LACES FOR HIKING BOOTS	
28		WATERPROOF BAGS (zip locks)	
29	1	SLEEPING MAT	

**CLOTHING - PERSONAL**

<b>NO</b>	<b>QTY</b>	<b>ITEM</b>
1	2	LONG TROUSERS – LIGHT WEIGHT FOR HIKING IN JUNGLE
2	1	JEANS
3	1	SHIRTS – SLACKS/DRESS ELEGANTLY CASUAL
4	2	SHORTS
5	1	LONG SLEEVE SHIRT – LIGHT WEIGHT FOR HIKING IN JUNGLE
6	2	T-SHIRTS (cotton)
7	1	BATHING SUIT/TRUCKS
8	1	TOWEL
9	3	SOCKS – THICK FOR HIKING
10	1	WATERPROOF ANORAK OR PONCHO (raincoat)
11	1	FORMAL ATTIRE or NATIONAL DRESS for COCKTAL RECEPTION & CHURCH
12		UNDERCLOTHING

**GROUP EQUIPMENT**

<b>NO.</b>	<b>QTY</b>	<b>ITEM</b>	<b>SIZE</b>
1	2	WATERPROOF TENT	2-3 persons
2	2	POTS	1 to 3 person
3	1	CUTLASS/MACHETE IN SHEATH	
4	1	CAN OPENER	

